

AFTERCARE:

After care is very important for producing a beautiful and lasting result.

- Keep area clean by washing with freshly washed hands and a mild to gentle soap. Do not use a washcloth or sponge to remove soap. Simply splash with water. Do not use cleansing creams, acne cleansers or astringents. Use only a mild, natural soap.
- Apply the aftercare balm with freshly washed hands or a Q-tip. If the balm is too stiff to
 use, simply warm it up in a glass or water or on your fingertips. Use the balm very
 sparingly. Too little is better than too much. Blot off excess with a clean tissue. Never
 touch the procedure area without washing your hands immediately before.
- Do not scrub, rub, or pick at the epithelial crust that forms. Allow it to flake off by itself. If it is removed before it is ready, the pigment underneath can be pulled out.
- Do not use any makeup near the procedure area including mascara and brow gels. It is advised to purchase new makeup supplies to avoid any cross contamination or bacterial infection after your procedure has been completed.
- Always use a sun block after the procedure area is healed to protect from sun fading.

What is Normal?

- Swelling, itching, scabbing light bruising, and dry tightness. Ice packs are a nice relief to the swelling and bruising. Aftercare balm with help scabbing and tightness.
- Too dark or slightly uneven appearance. After 2-7 days the darkness with fade and once swelling dissipates unevenness usually disappears. If they are too dark or still a bit uneven after 4 weeks, then we will make adjustments during the touch up appointment.
- Color Change or Color Loss: As the procedure area heals the color will lighten and sometimes seem to disappear. This can all be addressed during the touch up appointment and is why the touch up appointment is necessary. The procedure area has to be completely healed before we can address any concerns. This may take up to 4 weeks.
- Needing a touch up months or years later: A touch up may be needed 1 to 5 years after
 the initial procedure depending on your skin, medications, and sun exposure. We
 recommend a touch up 30 days after the first session, not included in today's charge,
 and every few years to keep them looking fresh and beautiful. Touch up sessions after

60 days will be the current touch up rate at time of touch up. Failure to follow aftercare instructions may result in infection, pigment loss and discoloration. I have read, understand and agree to the above instructions.

• At the first sign of infection, please contact your primary care physician or Emergency Services at 911

| Signature: | Date: |
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